Zero Balancing I Class

Join Beverly Peirson, LMT RI-MT02089 and Julie Sargent, LMT NH-MT3358

On February 4 - 7, 2027 Enhance your practice with the quality touch of Zero Balancing Sponsored by: Center for Integrative Education

Where: Hope Grange No 7 1116 Main St.
Hope Valley, RI 02832

4 Days: Thursday - Saturday 9:30-5:30, Sunday 9:30-3:00

EDUCATION CREDITS: 25 CE's (NCBTMB, NCCAOM, NCOT/CAU)
PREREQUISITES: None
PRICE: $795
SuperSaver:$595 Use code ZBHA200 (60 days) by 12/6/26
EarlyBird: $695 Use code ZBHA100 (30 days) by 1/5/27
Repeat: $350 Use code ZBHARepeat If you have taken ZB I previously AND have taken any other ZB course in the past five years

Zero Balancing

Course Description: Zero Balancing I is the first half of the Core Zero Balancing program and the first course of the Core Zero Balancing curriculum. ZB I introduces you to the technique, theory, touch skills and the history of the art snd science of Zero Balancing, In these hands-on workshops, you will learn how to perform Zero Balancing sessions and experience what it feels like to receive a Zero Balancing session. The instructor will deliver clear presentations and demonstrations of Zero Balancing evaluations and techniques, along with a detailed study guide to inform your ongoing practice.

You will learn:

- A basic treatment protocol that addresses the whole body in about 30 minutes.
- Theory and principles of ZB to distinguish body energy and body structure through touch
- The skill of using energy as a working tool
- The energetic anatomy of the skeleton
- The theory and application of Zero Balancing techniques called fulcrums

Participant comments,

"This work will enhance my ability to treat many clients on a much deeper level, especially my MS clients who need deep but not hard connections." - Mary Jane Edge,

"Using the understanding of touching structure and energy at interface will be helpful in all my work- as nurse and in my bodywork practice." - Sandra Denner, RN

"I feel the structure and energy [of Zero Balancing] will help get some patients past a plateau I have reached with massage." - Chris Wilson

Dr. Fritz Smith, the founder of ZB, entrusted us, the faculty, to continue his vision creating a kinder gentler world through touch.

We look forward to experiencing ZB with you. Kindly post and share this with other practitioners.